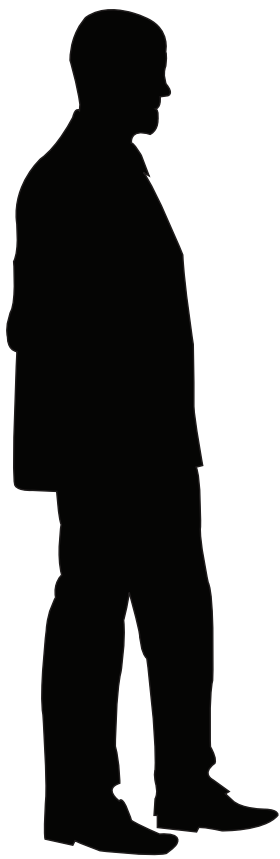


# Sosyalization a Distans se meyè pwoteksyon kont COVID-19

SOCIAL DISTANCING is critical to protect against COVID-19

## Rete Lakay ou. Stay at home.

1caringforhealth@gmail.com and www.vichnabelsky.com

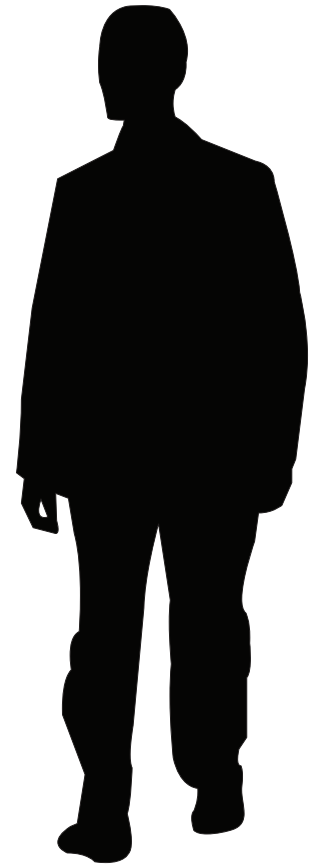


**Kanpe a distans 6 pye de lot moun.**

**PA BAY la men.**



**Stand 6 feet away. DO NOT shake hands.**

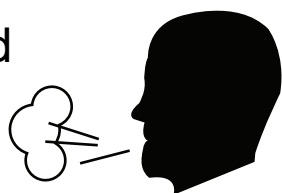


**Si ou Santi ou malad avek lafyev, tous oswa ou gin pwoblem pou respire, mete tet ou nan IZOLASYON epi RELE dokte ou.**

**Feel sick with fever, cough or trouble breathing? ISOLATE yourself. CALL your doctor.**

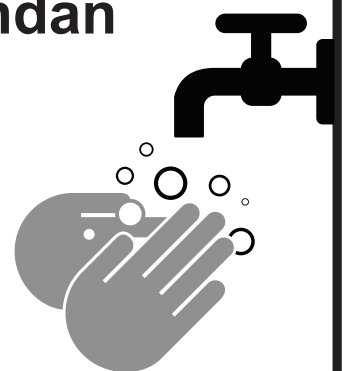
**Kouvri bouch ou le wap touse ou estenye nan koud bra ou oswa nan yon tisi.**

Cover your cough and sneezes with your **elbow** or a **tissue**.



**Lave men pandan tout jounen an ak savon e dlo cho pandan omwen 20 segonn.**

Wash hands with **soap** and water, for at least 20 seconds, throughout the day.



**Pa manyen je ou, nen ou, osinon bouch ou avek men ou san yo pa lave, sa ka lakoz viris (mikrob) la antre sou ou.**

Don't touch eyes, nose or mouth with unwashed hands. That is how the virus can enter.

